



UNIVERSITY GYMNASTICS CUP



HANDBOOK 2024-2025



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Meet Your Committee!

President – Tom Senter
Vice President & Head of MAG – Matt Dwornik
Universities Rep & Head of WAG – Chelsi Parker
Medical and Welfare – Daryl Townsend
Media Director – Bethany Cook
Assistant Head of MAG (North) – James Chan
Assistant Head of MAG (South) – Hariesh Jegatheepan
Assistant Head of WAG (North) – Alice Corden
Assistant Head of WAG (South) – Gianna Webbe
Competition Secretary (North) – Martha Hind
Competition Secretary (South) – Jamie Hill
Medical and Welfare (South) – Charli Morgan

About

The University Gymnastics Cup (UGC) was started in 2019 and has quickly become the front runner for competitive University Gymnastics. We have adapted and developed to the ever-changing situation and have created an enjoyable, competitive, and inclusive environment. We will strive to improve and continue this for many seasons to come.



UGC North & UGC South

UGC is split into two separate leagues that will come together for the UGC Final at the end of the season.

The two leagues will run independently with institutions being split into either the North or South however the respective league scores from the Regional league will transfer over to the UGC Finals.

Each regional league will consist of 4 competitions, with the top 3 scores counting towards the regional league totals. Each region will have a regional league final at competition number 4 where an institution will be crowned UGC North and UGC South champion. The scores will then carry forward and the top 3 regional scores, along with the scores from the UGC final will determine which institution takes home the University Gymnastics Cup.

University league scores will be calculated as the following:

Regional League: Top 11 Scores will count towards university league total (Max Score 3300)

National League: Top 14 Scores will count towards University League Total (Max Score 5600)

Only institutions and gymnasts who compete at the UGC Finals in May will be eligible for National League medals and trophies.

All rules in this document will be relevant for all leagues unless stated otherwise.

Competitions

Host universities have been contacted and the full competition structure will be available online before the start of the season.

Competition Structure

UGC competitions will accommodate for all abilities and genders. There will be four categories for MAG:

Novice

Intermediate



Advanced
UGC FIG

And **Five** categories for WAG

Novice
Intermediate
Advanced
Advanced+
UGC FIG

Routine structure can vary between competitions but will follow the same core concepts throughout the league.

Level Matrix

WAG		MAG	
UGC	BUCS	UGC	BUCS
Novice	BUCS 4	Novice	BUCS 3
Intermediate	BUCS 3	Intermediate	
Advanced	BUCS 2	Advanced	BUCS 2
Advanced+			
UGC FIG	BUCS 1	UGC FIG	BUCS 1

Prices

Annual



UGC Affiliation Fee

£55 (if affiliated before 17th September 2024)

£70 (if affiliated after 17th September 2024, inclusive)

Per Event

Individual Entry

£16 per competitor

Non-Affiliated University Entry Fee

£30 per university*

*Where the university is entering 3 or more competitors. Individual entry also needs to be paid on top of this entry fee.

All entry fees include entry into the UGC Team event at each competition

Entry Regulations

Insurance

As a condition of membership to the UGC and to participate in UGC competitions, clubs must hold sufficient insurance and ensure that all competing members are appropriately covered for the activities undertaken. Clubs must be able to provide evidence of this on request or risk exclusion from the UGC and all UGC affiliated competitions.

Sanctions

The UGC reserves the right to remove competitors, sanction or disqualify universities, and invalidate scores for instances of misconduct, without refund.

Sanction letters will be sent to any institutions / individuals following misconduct which will clearly outline the decision made by the UGC Committee and any repercussions. These will be sent via email to the institution in question (for both institution wide and individual sanctions)



Readiness to Compete

Competitors must not enter themselves at a level that is beyond or below their ability and must be physically and mentally ready to compete at the level entered. Participants must be supported at events by a coach.

Coaches

Competitors must be accompanied by a relevant level coach throughout the competition. Coaches' accreditation will need to be entered online prior to the competition start date and all coaches MUST attend the coaches registration before the start of the round. Failure to bring a suitably qualified coach will result in immediate disqualification, and no refunds will be permitted. Coaches can be shared across institutions and must be verified by the coach.

Coaches can be submitted online via your club portal.

Affiliation

Affiliation is the subject to agreement to the terms set out on the joining form, along with the rules and regulations set out in this handbook.

To affiliate your university/institution to the University Gymnastics Cup please fill out the affiliation form online on our website

UGC Teamwear

UGC Teamwear and other accessories will be available to purchase at all competitions.

We accept card only and do not offer returns or refunds unless the product is faulty.



UGC Entry Fee and Kit Payment Deadline.

UGC entry fees and other invoices must be paid within 30 days from date of issue.

Should entry and kit fees not be paid after the 30-day period, or the payment is not being processed by the relevant SU, a late invoice fee will be applied, either to the institutions next invoice or this will be sent as a separate invoice if the season has concluded. A further late invoice fee will added to the account for every 7 calendar days that the invoice has not been paid.

Late invoice fee: £50.00 each time

Clubs with outstanding payments with late invoice fees attached will NOT be able to attend any further competitions until these have been paid.

Routines

Routines must be created from the Matrix online via the resources tab

Intermediate must compete Floor and Vault AND a choice of one other piece of apparatus.

Advanced must compete 4 (for MAG) and 3 (for WAG) apparatus of the gymnasts choosing.

Advanced+ for WAG will compete 3 apparatus of the gymnasts choosing.

UGC FIG (WAG) must compete 4 pieces of apparatus. UGC FIG MAG must compete 6 apparatus.

For advanced, advanced+ and UGC FIG WAG: there is no restrictions on floor music as long as the length of music and routine requirements adhere to the UGC/FIG rules and regulations as above



Novice

Novice gymnasts will compete in floor and vault. Routines will be comprised from the Matrix online and the gymnast will have complete freedom over the routine they compete.

For the vault competition each gymnast will compete two vaults with the highest score counting for both the VT medal and the AA medal.

Intermediate

Intermediate gymnasts must compete floor AND Vault and can then choose to compete a third piece of available apparatus.

Intermediate floor routines will be competed on a strip of floor measuring 12m x 2m.

Each intermediate gymnast will be responsible for constructing their own routine for these pieces following the routine pack found online.

All elements and penalty deductions are outlined in the routine pack.

For the vault competition gymnasts will compete two vaults with the highest score counted for both the individual event and the All Around Score.

Advanced MAG

Advanced MAG will create routines and compete in 4 out of 6 apparatus.

Elements in Advanced MAG should not exceed a 'C' value according to the MAG code of points. The Start Value for Vault must not exceed 3.20

If any Advanced Gymnast competes a D skill or higher or compete a vault with a Start Value higher than 3.20, they will be disqualified from the apparatus scoring a '0' and any league points attained will be discredited and will not count towards their university total



For the vault competition, only one vault will count towards the All-Around Score. Should the gymnast want to earn league points and an individual medal for vault they will need to compete TWO vaults from different categories in the MAG Code of Points. The average score will then be taken for the vault score whilst the highest score will be taken for the All-Around total. Any repeated vault or a vault in the same group will score an automatic 0.0 for the second vault.

Gymnasts who do not compete two different vaults are not eligible to win an individual medal for vault and will not earn any individual league points for vault for that event.

If a gymnast is not entering the individual vault competition, they will only compete ONE vault.

Advanced WAG

Advanced WAG will compete in 3 out of 4 apparatus.

Elements in Advanced WAG should not exceed a 'C' value according to the WAG code of points. The Start Value for Vault must not exceed 2.80

If any Advanced Gymnast competes a D skill or higher or compete a vault with a higher start value than 2.80 they will be disqualified from the apparatus scoring a '0' and any league points attained will be discredited and will not count towards their university total.

For an All-Around medal (both event and League) only ONE vault will count (if two vaults are performed the higher scoring one will contribute to the All-Around Score). Should a gymnast wish to compete for an individual vault medal for both the event and the league they must compete TWO vaults with different entries. No league points will be awarded to gymnasts who only compete one vault. Any repeated vault or a vault with the same entry will score an automatic 0.0 for the second vault.

Gymnasts who do not compete two different vaults are not eligible to win an individual medal for vault and will not earn any individual league points for vault for that event.



If a gymnast is not entering the individual vault competition they will only compete ONE vault.

Advanced+ WAG

Advanced+ WAG will compete in 3 out of 4 apparatus.

Elements in Advanced+ WAG should not exceed a 'C' value according to the WAG code of points, unless stated otherwise on the routine matrix. The Start Value for Vault must be between 2.60-3.60

If any Advanced+ Gymnast competes a D skill or higher, or they compete a vault outside of the 2.60-3.60 range, they will be disqualified from the apparatus scoring a '0' and any league points attained will be discredited and will not count towards their university total.

For an All-Around medal (both event and League) only ONE vault will count (if two vaults are performed the higher scoring one will contribute to the All-Around Score). Should a gymnast wish to compete for an individual vault medal for both the event and the league they must compete TWO vaults with different entries. No league points will be awarded to gymnasts who only compete one vault. Any repeated vault or a vault in the same group will score an automatic 0.0 for the second vault.

Gymnasts who do not compete two different vaults are not eligible to win an individual medal for vault and will not earn any individual league points for vault for that event.

If a gymnast is not entering the individual vault competition they will only compete ONE vault

UGC FIG MAG

UGC FIG MAG will follow full FIG rules and regulations, creating routines and competing in up to 6 out of 6 pieces.

For an All-Around medal (both event and League) only ONE vault will count (if two vaults are performed the higher scoring one will contribute to the All-Around Score). Should a gymnast wish to compete for an individual vault



medal for both the event and the league they must compete TWO vaults from different groups in the MAG COP. No league points will be awarded to gymnasts who only compete one vault. Any repeated vault or a vault in the same group will score an automatic 0.0 for the second vault.

Gymnasts who do not compete two different vaults are not eligible to win an individual medal for vault and will not earn any individual league points for vault for that event.

If a gymnast is not entering the individual vault competition they will only compete ONE vault

There is no cap on the difficulty value of moves performed in this category.

UGC FIG WAG

UGC FIG WAG will follow full FIG rules, creating routines and competing in up to 4 out of 4 pieces.

For an All-Around medal (both event and League) only ONE vault will count (if two vaults are performed the higher scoring one will contribute to the All-Around Score). Should a gymnast wish to compete for an individual vault medal for both the event and the league they must compete TWO vaults with different entries. No league points will be awarded to gymnasts who only compete one vault. Any repeated vault or a vault in the same group will score an automatic 0.0 for the second vault.

Gymnasts who do not compete two different vaults are not eligible to win an individual medal for vault and will not earn any individual league points for vault for that event.

If a gymnast is not entering the individual vault competition they will only compete ONE vault

There is no cap on the difficulty value of moves performed in this category.



Non-Binary & Gender Fluid Competitors

At UGC we understand that not everyone fits into either a male or female gender and we wish for our competitions to reflect this, so we are allowing those who do not fully identify with being either Male or Female to be able to compete in the discipline they feel most comfortable in

This allows you to enter either MAG-Competing categories or WAG-Competing categories without defining your gender allowing you to compete how you want and feel most comfortable.

These will be dealt with on a case-by-case basis with the individual, club captain / president and the senior UGC committee to ensure that you are able to compete how you feel most comfortable.

For further information please contact us on committee@ugcup.co.uk

Judges

Each university must provide 1 full day or 2 half-day officials per 6 competitors entered. These judges can also be competitors and the UGC will try to ensure they are not judging when they are supposed to be competing.

This count starts at 1 entry and extra judges are required for every 6th entry after this. All universities must enter a judge who is D Judge competent either through the UGC workshop or they are a Regional or above level judge outside of the UGC.

Should a judge be submitted and then subsequently chosen, it is not the responsibility of the UGC to find a replacement. Should that judge have not been submitted or is unable to attend in the first place, it will be up to the university to source a suitable substitute.

All judges must be suitably qualified to judge, either by attending a previously run judging workshop, either through British Gymnastics or another affiliated body, or by attending one of the UGC accredited judging workshops.

Failure by the institution to not provide the timetabled official or find a suitable replacement will be subject to £75.00 admin fee for each round they are unable to supply a suitable official, made payable to the UGC.



UGC Judging Workshop

The UGC will be hosting UGC accredited judging workshop before the start of the season. It will be a requirement for judges to attend this workshop unless they are already qualified with BG or another affiliated body. The aim of this workshop is to teach you how to competently judge execution for levels up to, and including, advanced. These will take place virtually (dates, times, and capacity to be announced with the start of the university term).

The workshop pack will include:

- Virtual On Demand Judging Workshop
- Up to 2 'Drop In' Sessions throughout the season
- 3 Exam opportunities throughout the season to improve on your classification
- All workshop material
- Access to MAG / WAG judges respectively to ask questions

We are also providing a further Difficulty Judging Workshop in addition to this which will go into further detail with the aim to give you the confidence to D Judge at least the Intermediate level with assisting D Judging at the advance level. All universities need to have at least 1 D competent judge during the event.

The D Judge Workshop pack will include further:

- Virtual On Demand Judging Workshop
- Drop in sessions as they are needed throughout the season
- Exam opportunities throughout the season to improve on your classification
- All workshop material

Access to MAG / WAG judges respectively to ask questions

Once completed the workshop this will be valid for 2 seasons, unless any drastic changes to the code have come in.

The workshop will cost £15 per person and universities will be invoiced before the workshop start date. The D Judging workshop will be a £6 add-on.

The workshop will be available to purchase throughout the season and the content is on demand so you can take the workshop content at your own pace and at any point throughout the season. Once payment has processed you will be invited to complete a form to access the materials and future exams.



Only those who have paid are able to gain the UGC accreditation and details used to take the exam must match the ones signed up to the workshop otherwise the result will not be verified.

Adjustment Enquiry Sheet and Score Enquiry Sheets

If your gymnast requires special adjustments during the competition (e.g. equipment to be raised due to the gymnast being too tall for FIG height apparatus, to drop down a category due to a medical condition, adjustments to be made to the equipment due to a disability (visual impairment)) then an Adjustment Enquiry Sheet must be completed and submitted online 21 days prior to the start of the competition. Failure to submit the sheet will result in the adjustments potentially being denied and as a result no refund of entry fee will be awarded. If the adjustment is agreed to be season long, then only one form will need to be submitted and the UGC will keep a note for future competitions. Once the form has been submitted the UGC will review this and send it back with a decision within 5 working days. If needed the UGC committee may set up a meeting with the club and the individual to discuss the adjustments in more detail.

The UGC will NOT be able to accept adjustments submitted on the day of the competition and will result in an automatic rejection and, if deemed unsafe to compete, the gymnast may not be permitted to compete at the event.

Score Enquiry Sheets can be submitted on the day of the competition either through physically handing in a printed-out score enquiry sheet to the control desk for the jury to review or submitting it via the forms on our website. This form will NOT be actively monitored during the competition day so if a score enquiry was submitted this way, then the coach will need to make the jury aware this has been submitted and the team will extract this and update accordingly. Score enquiries will be aimed to be complete by the start of the next round however there can be delays and we will advise once the review is complete and any changes to the score. Note you are only able to enquire about the D score unless there is a clear and obvious error with the Execution Score. Do not go up to the individual judge and ensure you submit it through the form. We will NOT be able to deal with any enquiries that were not submitted either in person on the form or online.



Score enquiries can be submitted online after the competition as per the rules stated elsewhere in the handbook.

Move Up Scores and Results

Any competitor gaining an all-around score equal to or greater than the move up score in two UGC competitions during 2024/2025 and the following season.

If any competitor achieves their second move up score on the final competition of the year it will be carried over the following academic year and they will be expected to compete in the level higher in the first competition in the 2024/2025 UGC season. Move up scores will transfer across two seasons starting from the 2022/2023 season.

The All-Around league champion for each category will be required to move up to the next category at the start of the next season. Otherwise, they shall be entered as a guest, irrespective of if a move up score was achieved.

If a competitor is unable to move up, they will be permitted to stay at their level, but they must compete as a guest and, as a result, will not be able to earn league points for their university or have their scores counted towards individual league medals. They will still be able to obtain medals at the individual events.

Move up scores as calculated as the total league score based on the All Around Score. Please see below for league score calculation

Category	Move Up Score
Novice	96.00
Intermediate WAG	95.50
Intermediate MAG	93.50
Advanced WAG	96.20



Advanced+ WAG	96.50
Advanced MAG	95.20

Calculation of League Points

All league results will use a proportionate points system. As a result, scores from competitors in novice contribute similarly to competitors in UGC FIG and advanced; hoping to not disadvantage universities based on the number of participants in each level that they enter. This hopes to make UGC fair and accessible to all universities.

For example, if a novice competitor, medalling in first place overall, scored 16.0 (100%) they would win 100 league points for their university. If second place scored 14.4, this is equivalent to 90% of 1st place so therefore they would score 90 points for their university. Proportionate scores will be calculated in this manner for all competitors in every category.

Only all-around scores will be used to calculate the league points; individual apparatus scores will be calculated via this proportionate system but will only count towards individual league medals and, therefore, will have no bearing on the overall league totals for the university.

General Equation:

$$\frac{(\text{n}^{\text{th}} \text{ place score})}{(\text{1}^{\text{st}} \text{ place score})} \times 100$$

League Awards

Using the proportionate points ranking system at each competition throughout the UGC season, a table of league points will be posted and updated



throughout the season. Only current students of an affiliated institution will be eligible to earn league points.

The League points will be calculated using scores from 3 competitions in the regional league and the league points from the UGC Finals. Therefore, a total of 400.00 will be achievable at the finals.

The same concept will be used when calculating the all-around and individual apparatus league scores for individual gymnasts.

UGC Medals

End of year league medals will be awarded at the final competition of the season alongside the usual competition only medals.

They will be awarded to the top three individuals, using the proportionate scoring system, for the all-around and individual apparatus at each level.

Should the final competition not take place the UGC will post out all medals and trophies to qualifying universities. UGC accepts no liability for loss of medals and trophies, and it will be up to the individual universities to forward each medal on to their respective owner.

Regional league medals will be awarded at the final regional competition of the season.

University Gymnastics Cup

The end of season University Gymnastics Cup will be awarded to the university with the highest total league points calculated using the proportionate points ranking system. 2nd and 3rd place will also be awarded.

Event Awards



At each event the following medals and awards shall be presented by the hosting university:

Individual – Gold, silver and bronze for each category and each gender.

All-Around – Gold, silver and bronze will be awarded to the gymnasts with the 3 highest scores for the all-around competitions for each category and each gender.

Team – All gymnasts are entered into the All-Around Team competition. Teams will comprise of MAG & WAG of each level and will use the above league scoring system to calculate. Note FIG and Advanced+ team will be comprised of gymnasts in both levels.

Medal Thresholds

For individual events where there are three or less gymnasts entered to compete there will be score thresholds in place which need to be hit before medals can be awarded. The score thresholds are total scores after taking E Deductions, Difficulty and Penalty scores.

Gymnasts will be awarded the medal that corresponds to their score threshold. Should multiple gymnasts hit a score threshold without moving into the higher medal threshold the medals will be awarded to the gymnast with the highest score and the next placed gymnast will be awarded the medal colour for the threshold below.

Medal Threshold	Threshold Score
Gold	10.00
Silver	8.00
Bronze	6.00

If there are 3 Advanced MAG gymnasts entered into the pommel horse; gymnast 1 scores 9.20, gymnast 2 scores 8.10 and gymnast 3 scores 6.10 then gymnast 1 would be awarded the silver medal, gymnast 2 the bronze medal



and gymnast 3 would not be awarded a medal as all the medals have been awarded.

In the case of a tie break, the UGC tie break rules will be followed, and joint medals may be awarded.

For the UGC league points these will be amended based on the highest medal threshold awarded to the gymnast. If only the silver medal has been awarded the maximum league points available will be 80.00 and all gymnasts will gain a relative league score regardless of if they hit the medal threshold.

Medal Threshold	Max League Score
Gold	100.00
Silver	80.00
Bronze	60.00
No Threshold Hit by any Gymnast	30.00

Score Disputes

Score Disputes must come in the form of the new 'Score Dispute Form' which will be available on our website. The form must either be printed off or replicated on plain paper and handed into the Superior Jury (President or Heads of MAG and WAG) who will then assess and either approve or deny the request and advise the president / coach.

Score disputes must NOT be taken up with the judges and if they do no action will be taken. Should there be any score disputes the captain or coach of the institution must come up to either the President or Heads of Judging with their query. The UGC will then investigate the query and decide on any action taken.



Execution scores cannot be disputed and are final unless there is a clear and obvious error in which case the UGC will investigate. Only difficulty scores can be queried.

Any Scores brought up to the UGC not by the coach or captain or not in the new format will not be dealt with and will be dismissed with no further investigation.

Please do not ask for individual execution breakdown of routines as these will not be provided.

All our judges are volunteering their time to help us all out and without them we would not be able to hold any of our events. Any member of an institution who is found to be harassing or interfering with judges regarding scores, on the competition floor or in the venue will be asked to leave. Should this behaviour continue a warning and further sanctions will be actioned against the institution.

Where scores have been disputed it helps us should the coach / team have filmed the routine, please provide these with the score disputes also.

Once the dispute has been handed in the team will look at it when they can (normally a round changeover) please do not ask for updates, these will be provided.

Results

After each event, results and university league positions will be posted on the UGC website within 3 weeks of the competition date.

UGC retains discretion to change the order of the results and withhold awards where necessary (to correct errors or investigate cases of misconduct).

Filming and Media

All routines may be video recorded and will be kept by the UGC. These videos can be used on the day to settle score disputes between the competitors and judges as per the UGC's discretion. Please note that not all routines will be recorded so this cannot be guaranteed when doing score disputes. These videos will not be made available for institutions.



There will be photography through all UGC events, these will be used freely by the UGC for promotion and media and these photos will be made accessible by all participating universities.

These videos will also be used for judging exams and the judging workshops

If any of your gymnasts would not like their photos / videos posted on our socials or uploaded online to be accessed, then please make their names aware to the UGC by emailing us at committee@ugcup.co.uk before the event start date.

Welfare

UGC will always aim to maintain high standards of welfare for all those attending UGC competitions, including but not limited to competitors, coaches, judges, on-site staff, and associates of UGC. To meet these standards, all attending universities will be required to nominate a welfare representative for their university, who should adhere to a series of guidelines.

Each university must nominate a welfare representative prior to, or at the very least on the day of, each UGC competition. This can be a member of the respective university's committee, existing welfare representative, another member of the university club or someone else involved in the club, such as a coach. It will be the responsibility of the welfare representative to adhere to the below points and come to the UGC committee with any welfare disputes.

Welfare representatives will be responsible for five key duties. Further details will be provided in the UGC Welfare Agreement.

1. Assist UGC to put in place policies and implementation of plans for safeguarding and promoting welfare for all members and associates of UGC.
2. Ensure that codes of conduct are in place for club staff, volunteers, and members.
3. Be the first point of contact for club staff, volunteers and members for any issue concerning safeguarding, poor practice, or potential/alleged abuse.
4. Ensure that all incidents are correctly reported and referred out in accordance with UGC guidelines.



5. Ensure confidentiality is maintained and information is only shared on a genuine 'need to know' basis.

Welfare representatives must attend all UGC competitions which their university is present at. Alternatively, if the currently nominated welfare representative is unable to attend the competition, the respective university must nominate another welfare representative to attend in place. The new welfare representative must follow to same process detailed above.

Contact Us

Any queries or questions email committee@ugcup.co.uk or on Instagram @ugcup



League Rules

Part I – League Regulations

- 1.1. Competitions of the University Gymnastics Cup (UGC)
 - 1.1.1. UGC runs throughout the 2024/2025 academic year running between October and May. UGC uses scores from all events to calculate the following league awards
 - 1.1.1.1. The University Gymnastics Cup
 - 1.1.1.2. Individual Apparatus and all-around (AA) league medals
 - 1.1.1.3. Other certificates and awards including, but not limited to:
 - 1.1.1.3.1. Execution Awards
 - 1.1.1.3.2. Sportsmanship Awards
 - 1.1.1.3.3. Artistry Awards
 - 1.1.2. The University Gymnastic Cup and Shield will be given to the university achieving the highest total league points over the entire season (National and Regional inclusive) (per 1.1.1.)
 - 1.1.2.1. It will be the responsibility of the winning university to get the shield engraved prior to the conclusion of the next season.
 - 1.1.2.2. It will be the responsibility of the winning university to bring the shield to the final competition of the season, failure to do so will mean that university will be responsible for posting the shield to the winning university.
 - 1.1.3. Individual medals will also be awarded to the top 3 competitors respectively in each category for both AA



(All-Around) and individual apparatus, following the same calculation format as the total university league points (per 1.1.1)

1.1.3.1. If a competitor changes apparatus throughout the year (from beam to bar in intermediate for example) league medals will be calculated with reference to the category in which the individual competed the most.

1.1.4. Competitors are not allowed to move down a level over competitions in the same season or up to three seasons from the year of their first competition.

1.1.4.1. There are exceptions in relation to injury and this must be presented to the UGC Committee, and it will be dealt with on a case-by-case basis.

1.1.4.2. If a gymnast has moved down without permission from the UGC they will be entered as a guest and will not be permitted to earn league points for their university.

1.1.5. Video footage and photography will be taken at UGC events to be used on social media and for publicity. If you would like to be excluded from any images or videos must alert a member of the UGC team on the day of the event or by email prior to the event.

1.1.6. Only affiliated clubs are eligible to win the UGC and to win UGC awards.

1.1.6.1. Competitors must also be current students for their scores to contribute.

1.1.6.1.1. The UGC committee has the power at any time to check the academic status of any individual.



1.1.6.1.2. If any institution is found to have entered any guests as students, their league points will be nullified for that event and scores updated for any prior competitions.

1.1.6.2. Guests of universities are welcome to compete but will only be eligible for on the day event medals and will not have their score contributed to the league total.

1.2. Organisation of competitions

1.2.1. Competitions are organised between the UGC team and the host university with a member of the host university acting as the representative organiser of the event. Scoring and event management will be provided by the UGC.

1.2.1.1. Timetabling will be completed by the UGC committee.

1.2.1.2. UGC has the right to change and alter the timetable on the day of the competition if the need arises.

1.2.1.3. It will be the responsibility of the host university to organise

1.2.1.3.1. Music management

1.2.1.3.2. Registration

1.2.1.3.3. Medals

1.2.1.3.4. Providing people to run scoring and data input

1.2.1.3.5. Set up, at the start of the competition, assisting with moving equipment during the competition and set down if needed.

1.2.1.3.6. Judges lunches

1.2.1.3.7. Microphone and PA system



1.2.1.3.8. Judging stationary

1.2.1.4. The License agreement outlines all the requirements from the host university

1.2.1.5. If a university fails to host a competition adequately, at the discretion of the UGC committee, their competition commission can be cut accordingly.

1.2.2. UGC events must run following the rules within this document and other official UGC documentation. Failure to follow these rules will result in sanctions being put in place against your university, at the discretion of the UGC.

1.3. Competition entry

1.3.1. Entry will be done via the online portal on the UGC Website.

1.3.1.1. Only entries received via the portal will be entered into the competition.

1.3.1.2. Individuals and guests must be displayed correctly. Failure to do so can result in no league points being awarded.

1.3.1.3. Where applicable, apparatus must be marked in correspondence to what each competitor is competing.

1.3.2. The following deadlines shall apply in terms of entrants.

1.3.2.1. Entry and Kit Order Deadline for each competition will be at 23:59, 3 weeks prior to the competition start date.

1.3.2.2. Entry Report changes/additions will be accepted up to 48 hours after the entry deadline.



1.3.2.3. New club entry requests after the deadline will be accepted if before the report change deadline but no UGC points will be awarded at that competition (if capacity allows)

1.3.2.4. Changes or additions after the report deadline will be denied unless extenuating circumstances are submitted to the UGC via email.

1.3.2.5. Extenuating circumstance deadlines will be considered until 48 hours prior to the competition.

1.3.3. Oversubscribed competitions

1.3.3.1. All competitions will have an entry cap based on the hall hire and venue capacity

1.3.3.2. The capacity will be communicated before entries open

1.3.3.3. Where a competition becomes oversubscribed the following entry criteria will take place

1.3.3.3.1. Priority will be given to those affiliated clubs with the UGC

1.3.3.3.2. For all other competitions people will be added as a reserve to bring the entry numbers down to capacity.

1.3.3.3.3. Where clubs have entered 6 or less gymnasts no reserves will be taken

1.3.3.3.4. Where clubs have entered between 7 – 12 gymnasts up to one reserve can be allocated but will not go below 6 entries

1.3.3.3.5. Where clubs have entered 13-16 gymnasts up to two reserves can be allocated but will not go below 11 entries.



- 1.3.3.3.6. Where clubs have entered 17 – 22 up to three reserves can be allocated but will not go below 14 entries.
- 1.3.3.3.7. Where clubs have entered 23+ entries there is no limit to the reserves allocated but they will not go below 19 entries.
- 1.3.3.3.8. Where the above criteria has been followed and we are still oversubscribed those clubs who still have 16+ entries will be allocated an additional reserve until such time that the entry cap has been hit.

- 1.3.3.3.8.1. These allocations will be assigned randomly to those eligible clubs one at a time, clubs who would be put below 16 entries will be skipped and the next club randomly chosen.

1.3.3.4. Gymnasts who were reserves in a previous competition will not be made reserves in the next competition should the entry cap be hit. Reserves will be allocated as per 1.3.3.

1.3.3.5. Should a high number of reserves be taken the UGC can decide to reduce the total amount of gymnasts needed to contribute to the institutions league scores.

- 1.3.3.5.1. This will be calculated by taking the average number of reserves across all eligible institutions (those who had entered at least 7 gymnasts as per 1.3.3.3.5) and taking this away from the threshold for league scores.



1.3.3.6. If competitions are split over two days, the UGC will work to fit all competitors in however reserves will be calculated on a day-by-day basis should this need to be done.

1.3.3.7. Institutions can freely swap their reserves until the entry report deadline.

1.3.3.7.1. After this date they can only swap reserves like for like (e.g. Novice MAG for Novice MAG)

1.3.3.7.2. Should a gymnast no longer be able to compete the institution should let the UGC know and if there is suitable time another reserve from the same category will be chosen at random to replace them.

1.3.3.7.3. This will be done until 1 week before the competition date, after that time no more reserves will be put into compete as all competition documents would have been produced.

1.3.4. Payment for competitions.

1.3.4.1. Universities will submit entries to the UGC through the online portal.

1.3.4.2. An invoice will then be sent to the universities after the Entry Report changes / additions deadline for the entry cost to the competition.

1.3.4.2.1. Entry for each gymnast will be £16.00

1.3.4.2.2. Entry for non affiliated universities is £30.00 where they are entering 3 or more competitors.

1.3.4.2.2.1. Entry fees will be made payable on top of this additional charge.



- 1.3.4.3. Universities will still be held chargeable for any entrants who withdraw after the invoice is sent out.
- 1.3.4.4. The invoice will need to be paid in full by the dates on the invoice.
- 1.3.4.5. Any institution that does not pay the invoice before the deadline will risk exclusion from any future competitions until the invoice has been paid.
- 1.3.4.6. Any institution that does not pay the invoice by this date will also give up their right to order kit.
- 1.3.4.7. If an invoice is still not paid after the deadline or the institution is not processing payment and confirmation has been sent to the UGC email, then a £50 surcharge will be added onto the entry fees.
 - 1.3.4.7.1. This will either be sent as a separate invoice or will be included on the invoice for the next event.
 - 1.3.4.7.2. Should this invoice not be paid a further £50 will be charged for every 7 days that has passed from the deadline until the balance has been paid.
- 1.3.4.8. The institution will not be eligible to enter or compete at any other competitions should they have an invoice with a late invoice fee outstanding.
 - 1.3.4.8.1. Should they be allowed to compete they will be entered as a guest and will not be eligible for any league points.
 - 1.3.4.8.2. League points will not be added on retrospectively.
- 1.3.5. In the promotion of fair competition, the UGC reserve the right to penalise or withdraw universities or



individuals, change categories, and register competitors as guests where they see fit.

- 1.3.5.1. Should any sanctions be placed against the institution or individual this will be sent to the relevant institutions via email and will outline the offence and the outcome made by the UGC committee.
- 1.3.5.2. Where an institution or individual has been denied entry by the UGC the entry fee will not be refunded and the invoice will be still payable.
- 1.3.6. Individual clubs are expected to enter their own gymnasts appropriately; however, in cases of error or misconduct the UGC reserve the right to invalidate scores. These decisions are final.
- 1.3.7. Entrant clubs must provide 1 full day official or 2 half day officials per 6 competitors entered.
 - 1.3.7.1. This count starts at 0 and is relevant for every 6 entries. E.g. a club with 2 entries still needs to submit a judge as above.
 - 1.3.7.2. All clubs must submit a D competent judge
 - 1.3.7.2.1. This judge either needs to have taken the UGC D judging workshop or be qualified at a regional or higher level outside of the UGC.
 - 1.3.7.3. These judges either need to be BG qualified or have taken the UGC Judges Workshop and granted the individual knowledge to be able to judge accurately at UGC competitions.
 - 1.3.7.4. The UGC judging Workshop will be an online workshop and will be available prior to the first competition of the season.



- 1.3.7.4.1. The Workshop will consist of the workshop, exams, and practise material. As well as access to the UGC committee throughout the season
- 1.3.7.4.2. This workshop will cost £15 per person. Universities can enrol people after the workshop date, and they will be given all the material to look at in their own time.
 - 1.3.7.4.2.1. The D Judging workshop add on will be a further £5 bolt on fee
- 1.3.7.4.3. Following the workshop each participant will be given a category based on their exams results. This can be improved throughout the season or at competitions where the heads of judging feel improvements have been made.
- 1.3.7.5. Failure to provide officials will result in a club's entry being refused.
- 1.3.7.6. Should an official need to be replaced, it is the responsibility of the entrant club to source a suitable alternative.
 - 1.3.7.6.1. Should the institution not be able to supply a suitable replacement a £75.00 admin fee will be charged to that institution for each round they are unable to supply an official.
- 1.3.7.7. Officials will be decided prior to the event and universities are allowed to internally swap officials by emailing the UGC.



1.3.8. All competitors must have completed and submitted their start value sheet online prior to the competition.

1.4. Move Up Scores

1.4.1. Each category has a score threshold that, if achieved, will count towards the gymnasts total before they have to move up a level

1.4.1.1. Gymnasts who hit the move up score twice in consecutive seasons (starting 2022/2023) will be required to move up for the next competition

1.4.1.1.1. An exception to this would be where entries for the next competition are already open in which case they will be permitted to compete in the same level

1.4.2. Should a gymnast not move up for the next competition (unless 1.4.1.1.1 is followed) they will be entered as a guest and will not be eligible to earn league points

1.4.2.1. Gymnasts can still earn medals for that individual event

1.4.3. The UGC has the right to amend the move up scores throughout the season as they see fit

1.4.4. Any gymnast who is the All-Around League champion for their category will be expected to move to the next level at the start of the following season

1.4.4.1. Failure to do so will result in them competing as a guest as in 1.4.2

1.4.4.2. Any gymnast who hits their second move up score at the end of the season will be expected to enter the next level the following season.



1.4.4.2.1. Failure to do so will result in them competing as a guest as in 1.4.2

1.4.5. Guest status achieved this way will be treated the same as any other guest when it comes to capped entries as per 1.3.3

1.5. Score Thresholds

1.5.1. For individual events where there are 3 or less gymnasts entered score thresholds will be put in place

1.5.2. The score thresholds are comprised of the Execution Deductions, Difficulty and Penalty Deductions and thresholds for each individual medal are:

1.5.2.1. Gold – 10.00

1.5.2.2. Silver – 8.00

1.5.2.3. Bronze – 6.00

1.5.3. If multiple gymnasts hit a medal threshold, then the gymnast with the higher score will be awarded that medal with all subsequent gymnasts being awarded the medal of the threshold below if there is one available.

1.5.4. If a gymnast does not hit a medal threshold, they will not be awarded a medal

1.5.5. League points will be awarded based on the medal threshold that was hit

1.5.6. Maximum league points available for each threshold will be:

1.5.6.1. Gold – 100 Maximum League Points

1.5.6.2. Silver – 80 Maximum League Points

1.5.6.3. Bronze – 60 Maximum League Points



1.5.6.4. No Threshold Hit – 30 Maximum League Points

1.5.7. All gymnasts will be awarded league points on a proportional basis from the gymnast with the highest score regardless of if any medals were awarded

1.5.8. If a category has 3 or less gymnasts entered there will be no medal thresholds for the All-Around competition with the maximum league score available being 100.00

1.6. UGC League Final

1.6.1. Universities are only eligible to enter the final if they have competed in at least three regional competitions throughout the season.

1.6.2. Any universities that try to enter the final without fulfilling this prerequisite will have their entry refused.

1.6.3. The final will be run as a normal competition but with the added league awards at the end of the competition.

1.7. UGC tie-break rules

1.7.1. Following tie-break rules apply to all UGC Awards.

1.7.1.1. The University with the highest total points attained at the top two competitions.

1.7.1.2. The University with the highest total points attained at the top competition.

1.7.1.3. If all tie-break rules are followed and there is still a draw, the tie will not be broken.

1.7.2. In the instance of a medal tie-break between individuals, the individual with the highest execution will be awarded first place in the tie-break.

1.7.2.1. If there is still a tie then the tie will not be broken.



1.8. Awards

1.8.1. At each individual competition, awards will be given to the top three competitors in each category with separate awards for each gender.

1.8.1.1. Awards will be given out to the top three all-around gymnasts as well as the top three gymnasts on each individual apparatus for each category and for each gender.

1.8.2. At the fourth regional competition the institution with the highest score within that region will be awarded the Regional League awards

1.8.3. At the end of the academic year, awards will be given to the top three universities in the overall league standings, based on points gained throughout the season.

1.8.3.1. Only institutions that have entered the UGC Final will be eligible for National League Awards and Medals..

1.8.4. At the end of the academic year, individual league awards will be given to the top three competitors for the all-around category as well as the top three competitors for individual events, in each category for each gender. This will be calculated the same way as the league overall standings.

1.8.5. Awards may be changed or withheld in cases of error or misconduct, at the discretion of the UGC.

1.9. Judges

1.9.1. Where possible there will be two execution judges per apparatus for all competitions.



- 1.9.1.1. Where there are two judges, an average execution score is taken and that is the score that is submitted for results.
- 1.9.1.2. Where there is only one judge, the execution score is taken and submitted for results.
- 1.9.2. Judges either need to be qualified or have attended a UGC run judging workshop to be able to judge execution at one of our competitions.
- 1.9.3. Gymnasts can be asked to judge difficulty if they are deemed competent, have attended the UGC D Judging Workshop or have competed at a level above that in which they are asked to judge.
- 1.9.4. Penalties/deductions are down to the discretion of the judge(s) and cannot be argued without proof of misconduct.
 - 1.9.4.1. Any enquires must wait until the end of the rotation and must go through a UGC representative.
- 1.9.5. If a judge is deemed as unsatisfactory and cannot continue their duties, it will be the responsibility of their university to produce a replacement.
 - 1.9.5.1. Failure to produce a suitable replacement will result in that university not earning any league points in that event.
- 1.9.6. Should a university fail to supply a judge when requested in the judging timetable without first agreeing with the UGC committee their institution can be subject to penalties regarding league points and standings.
 - 1.9.6.1. Institutions that fail to provide a judge when requested will be required, next competition, to supply a judge.



1.9.7. Score disputes may only be taken up with the head of judging or the UGC president.

1.9.7.1. Score disputes must come via the official enquiry form or an imitation of the form. Verbal disputes will not be accepted.

1.9.7.2. Only the coach or captain of each institution can dispute scores

1.9.7.3. Should the coach or captain dispute with the judge or do not come to any of the above-mentioned parties this will result in the dispute being dismissed with no further investigation.

1.9.7.4. Should a coach or captain be found to be harassing a judge over scores they will be asked to leave the competition floor.

1.9.7.4.1. Should this behaviour continue sanctions will be actioned against the university.

Part II – Individual Competition Rules

2. Competition Format

2.1. Novice

2.1.1. Novice will compete in two events: floor and vault.

2.1.2. The floor competition will be a series of moves created by the gymnast from the list of pre-approved moves.

2.1.3. The vault competition is competed on the table with blocks and mats piled behind

2.1.3.1. The table vault will be set to 125cm for WAG and 135cm for MAG



2.1.3.2. The vault competition will comprise of two vaults, the vault with the highest score will be used in the competition.

2.2. **Intermediate.**

2.2.1. Intermediate will compete in three out of four events.

2.2.1.1. Competitors must compete in floor and vault and then compete in a choice of beam/bar (WAG) or parallel bars/rings/pommel horse or high bar (MAG)

2.2.1.2. The floor competition will be a series of moves constructed by the gymnast using the UGC Skills Matrix and will be performed on a strip on the floor.

2.2.1.3. The vault competition will be competed on the table vault.

2.2.1.3.1. For MAG the vault will be set at 135cm.

2.2.1.3.2. For WAG the vault will be set at 125cm.

2.2.1.3.3. The competition will consist of two vaults with the vault with the highest score being used for results.

2.2.2. The apparatus competition will be competed on full height competition standard apparatus.

2.3. **Advanced**

2.3.1. The advanced competition for both MAG and WAG will follow the UGC Advanced rules.

2.3.1.1. MAG need to compete in 4 out of 6 pieces and WAG need to compete in 3 out of 4 pieces.

2.3.2. Difficulty is capped at 'C' elements, according to the code of points. Any gymnast competing an element of 'D' value or higher will be disqualified from the event and their league score will not count towards their university total.



2.3.3. There will be no restrictions / deductions for floor music used in the WAG's floor event. All timings and routine requirements must still adhere to the UGC rules.

2.4. Vault Competition

2.4.1. The highest scoring vault will be used for the all-around competition and league points

2.4.2. Should the gymnast wish to earn an individual vault medal for that event and the league they need to compete TWO vaults with different entries (WAG) or from different groups in the COP (MAG).

2.4.2.1. An average of these two vaults will then be used to calculate the final score.

2.4.2.2. If a gymnast only obtains a score for one vault they will not be eligible for a vault medal for the event and they will not receive a vault league score.

2.4.2.3. Any gymnasts who repeat an entry (WAG) or a vault from the same group (MAG) for their second vault will receive a 0.0 for that vault and will not be eligible for a vault medal.

2.4.2.4. Gymnasts will only compete ONE vault if they are not going for an individual vault award.

2.5. **Advanced +**

2.5.1. This category is designed as a steppingstone between what was the advanced category and the elite (now FIG category)

2.5.2. Gymnasts will compete in 3 out of 4 apparatus and will follow the rules for the Advanced+ category set out by the matrix.



2.6. Vault Competition

2.6.1. The highest scoring vault will be used for the all-around competition and league points

2.6.2. Should the gymnast wish to earn an individual vault medal for that event and the league they need to compete TWO vaults with different entries.

2.6.2.1. An average of these two vaults will then be used to calculate the final score.

2.6.2.2. If a gymnast only obtains a score for one vault they will not be eligible for a vault medal for the event and they will not receive a vault league score.

2.6.2.3. Any gymnasts who repeats an entry (WAG) or a vault from the same group (MAG) for their second vault will receive a 0.0 for that vault and will not be eligible for a vault medal.

2.6.2.4. Gymnasts will only compete ONE vault if they are not going for an individual vault award.

2.7. UGC FIG

2.7.1. The UGC FIG competition for both MAG and WAG will follow full FIG rules and regulations.

2.7.1.1. MAG will need to compete in 6 out of 6 pieces and WAG will need to compete in 4 out of 4 pieces.

2.7.2. There is no difficulty cap for routines at the UGC FIG level.

2.7.3. All apparatus requirements must follow full FIG rules unless stated otherwise

2.8. Vault Competition



2.8.1. The highest scoring vault will be used for the all-around competition and league points

2.8.2. Should the gymnast wish to earn an individual vault medal for that event and the league they need to compete TWO vaults with different entries WAG or vaults from different groups on the COP (MAG)

2.8.2.1. An average of these two vaults will then be used to calculate the final Vault score.

2.8.2.2. If a gymnast only obtains a score for one vault, they will not be eligible for a vault medal for the event and they will not receive a vault league score.

2.8.2.3. Any gymnasts who repeats an entry (WAG) or a vault from the same group (MAG) for their second vault will receive a 0.0 for that vault and will not be eligible for a vault medal.

2.8.2.4. Gymnasts will only compete ONE vault if they are not going for an individual vault award.

2.9. Attire

2.9.1. Novice

2.9.1.1. MAG: T-shirt and shorts OR leotard and shorts

2.9.1.2. WAG: T-shirt and shorts / body tight leggings OR leotard or leotard and shorts.

2.9.2. Intermediate

2.9.2.1. MAG: Leotard and shorts (floor and vault) OR longs and socks (apparatus; optional). No deductions for wearing shorts on apparatus rather than longs.

2.9.2.2. WAG: Leotard or leotard and shorts.

2.9.3. Advanced / Advanced +



2.9.3.1. MAG: Leotard and shorts (floor and vault) and leotard, longs and socks (apparatus)

2.9.3.2. WAG: Leotard or leotard and shorts.

2.9.4. UGC FIG

2.9.4.1. MAG: Leotard and shorts (floor and vault), leotard, longs and socks (apparatus)

2.9.4.2. WAG: Leotard or leotard and shorts

2.9.5. Penalties

2.9.5.1. Any gymnast not following the correct dress code can result in a penalty or discounting league points.

2.9.5.2. There will be NO penalties for WAG gymnasts wearing shorts or having underwear showing.

2.9.5.3. There will be NO penalty for any gymnast wearing joint supports and these can be any colour.

2.9.5.4. Any gymnast wanting to wear anything that is not in the dress code the university needs to submit a request to the UGC team.

2.9.5.4.1. If a gymnast does not adhere to the attire regulations without a written request will result in a 1.0 penalty taken off their total AA score.

2.9.5.5. Longer hair needs to be tied back regardless of gender, failure to do so can result in immediate disqualification.

2.9.5.6. The wearing of jewellery and watches is not permitted and must be removed where possible. Any that cannot be removed must be fully covered in tape and permissions granted from the UGC.



2.9.5.6.1. UGC has the right to terminate any gymnast's competition without refund should there be jewellery worn.

2.9.6. University Attire

2.9.6.1. All gymnasts from one institution in the same group during competition need to wear the same attire

2.9.6.2. All coaches and officials from institutions not competing are not permitted to wear a leotard on the competition floor

2.9.6.3. Coaches need to wear suitable attire whilst on the competition floor, any coach not deemed to be wearing appropriate attire will be asked to leave the competition floor.

2.10. Competition Procedure

2.10.1. Warm up

2.10.1.1. Warm up will be at the discretion of the head judge at the start of the rotation. All gymnasts must report to the judging table to receive direction.

2.10.1.2. It is the sole responsibility of the gymnast and coach to ensure that all gymnasts are suitably warmed up and know when they are competing, according to the start list.

2.10.1.3. Novice and intermediate will get up to two warm up vaults before competing their two vaults.

2.10.1.4. Intermediate will get a two-touch warm up on apparatus before competing.



2.10.1.5. Advanced, Advanced+ and UGC FIG will get a dedicated general warm up time and a dedicated apparatus warm up time. This will be clearly timetabled.

2.10.2. Competition

2.10.2.1. Apart from the first rotation, which gymnasts will have warmed up last on in the apparatus warmup, there will be a one touch control warmup for all gymnasts.

2.10.2.1.1. The warmup schedule will be decided by the D judge on each panel and will be explained to all gymnasts.

2.10.2.2. The UGC reserve the right to change the rotation, groups and starting order for all groups and competitions. Any changes will be clearly communicated on the day.

2.11. Live Scores.

2.11.1. Live Scores will be accessed online with a link posted by UGC prior to the competition start date

2.11.2. Score Disputes

2.11.2.1. Score disputes will therefore only be open for 7 days following the conclusion of the event. Scores will not be amended after that date.

2.11.2.2. Only the captain / president and/or coach for each institution can challenge scores on the day of the competition and this must be brought to the attention of the UGC Grand Jury

2.11.2.2.1. The UGC Grand Jury consists of the UGC President, Head of WAG Judging and Head of MAG judging



2.11.2.2.2. Score disputes brought to the attention of any other member of UGC staff or judge will result in that claim being disregarded.

2.11.2.2.3. Score disputes brought forward by anyone other than the coach and/or captain/president will also result in that claim being disregarded.

2.11.2.2.4. Only the difficulty score can be disputed unless there is a clear and obvious error in the execution score.

2.11.2.2.4.1. We are unable to give feedback on execution deductions at any stage.

2.11.3. Should the live score system not be working on the day of competition, score disputes will be open for 7 days from the date the scores are published online

2.11.4. Any member of an institution who is found to be harassing any members of the UGC staff or judges, or who are challenging judges for live scores during the competition will be asked to leave the competition floor

2.11.5. Should the behaviour continue, the individual will be asked to leave the venue.

2.12. Entry / ID Cards

2.12.1. Entry and ID cards may be Issued to all competitors ahead of the first competition of the season

2.12.1.1. ID Cards will be given to a representative of the University at their first competition, It will be the responsibility of the university to hand these out to specific members.



2.12.1.2. Each Individual will be allocated one (1) free ID card which will be valid for all seasons.

2.12.1.2.1. Should the Individual need to replace their ID card there will be a £25 admin fee per card

2.12.1.2.1.1. Cards being replaced due to name, Institution of gender changes will not be charged this fee and a another free card will be Issued.

2.12.1.2.2. The replacement card will be given at the next available event, supplier dependent.

2.12.1.3. All gymnasts will need to register using their ID cards at the registration desk

2.12.1.3.1. Failure to register using your ID card can risk expulsion from the competition

2.12.1.3.2. where the Individual Is allowed to compete following failure to register using their ID card a £20 fee will be applied made payable to the university.

2.12.1.3.3. Where Individuals did not register with their ID card can risk their score not being uploaded. Judges will not be able to add scores after the event.

2.12.1.4. All gymnasts need to carry their ID card with them when they are on the competition floor as these may be used by the judges to help Identify Individuals competing.

2.12.1.4.1. Failure to produce the ID card on request can risk expulsion from the competition floor.



- 2.12.2. Where new gymnasts are registered at future events ID cards will be supplied at the earliest convenience.
- 2.12.3. Damaged ID cards will need to be replaced as per the above

Part III – Sanctions and Penalties

3. Sanctions and Penalties

- 3.1. The UGC has a right to hand out sanctions and penalties to individuals and/or institutions to behaviour throughout the UGC season.
- 3.2. This can include, but is not limited to
 - 3.2.1. Unsportsmanlike behaviour
 - 3.2.2. Aggressive behaviour towards officials
 - 3.2.3. Aggressive behaviour towards other competitors
 - 3.2.4. Continual disregard for the rules laid out the in the UGC handbook.
- 3.3. These sanctions will be dealt with on a case-by-case basis and penalties will be awarded as such.
 - 3.3.1. The UGC takes these types of incidents very seriously and will hold an impartial meeting to decide on any sanctions to be awarded.
 - 3.3.2. The decision of these sanctions will be sent to the institution that regards the individual as well as other parties involved should the decision concern them.
- 3.4. Penalties and sanctions can include, but are not limited to



- 3.4.1. Reduction or removal of league points, either for the institution of the individual
 - 3.4.2. Restriction on entries for following events
 - 3.4.3. Closer investigation by the UGC
 - 3.4.4. Banning institutions from future competitions.
 - 3.4.5. Financial repercussions
- 3.5. All sanctions and decisions are final and are not up for appeal.

Part IV – Regional Leagues

4. Where otherwise specified, the rules for the Regional League will follow the same as above

4.1. Regional League Format

4.1.1. The Regional league will be split into the UGC North and UGC South

4.1.1.1. Only institutions in the North can enter UGC North competitions and those in the South are able to enter the UGC South Competition

4.1.1.2. The UGC will inform institutions which league they fall into.

4.1.1.3. Both institutions in the North and South can enter the UGC Finals

4.1.2. The competition format will be the same across the North and South with the same rules and regulations followed across both regions.

4.1.3. Regional league awards will be handed out at the fourth competition for each region, including but not limited to

4.1.3.1. Regional League Trophy

4.1.3.2. Regional League Medals



4.2. Regional Scores

4.2.1. The top 11 competitors from each university will contribute to the Regional League Score

4.2.2. The top 14 competitors from each university will contribute to the National League Score

4.2.2.1. Scores obtained during the regional league will be used to help calculate the national league (both individual and institution).

4.2.3. The scores from 3 separate competitions will contribute to the Regional League Score (both individual and institution).

4.2.4. The scores from the 3 separate competitions AND the League Final will contribute to the National League Score (both individual and institution).

4.2.4.1. Institutions and Gymnasts who have not entered the National League finals competition will not qualify to win any national league awards.